

# Be the new kid again... come play *Young Guns 15s Rugby (over 30's men)* Sponsored by EbbTide RFC

- Starting Fall 2024, Young Guns Over 30 Men's Rugby will compete on Vancouver Island vs Division 3 teams
- This team offers:
  - Social events and networking
  - Unlimited touch rugby – Thursday nights
  - Optional but encouraged, contact training sessions
  - All registered players will play games
  - A limited season of 10 exhibition games (Vancouver Island + Powell River) Games
    - Home games will generally be played at MacDonald Park on Sundays, away games Saturdays or Sundays
  - A mini-tour in spring 2025
  - For players 37 years old and older, you will also be eligible to play in the masters league which opens up more game options
- Young Guns welcomes male players of ALL experience levels – including newbies and restarters, former superstars & out-of-position fun lovers. If you are over 28, and didn't play last year ('23-'24) make this your team!
- Please indicate interest by August 15<sup>th</sup>
  - Please e-transfer \$100 to [treasurer@ebbtiderugby.com](mailto:treasurer@ebbtiderugby.com) by Aug. 15<sup>th</sup> to confirm your spot on the team!
  - This is fully refundable or may be applied against annual dues of ~\$380 (Covers full men's registration from Sept – Aug.)
  - Dual registration with other clubs is encouraged

For more info, please contact  
[don@vitalhealthpharmacy.com](mailto:don@vitalhealthpharmacy.com) or 250-580-0344



# EBB TIDE RUGBY