



# COLORED SHORTS

Coloured shorts are in place to identify the specific restrictions for that player. Participants must understand the restrictions when playing with and against players in coloured shorts.

White & Black Shorts	
<b>General Rules</b>	<ul style="list-style-type: none"> <li>• Must temper contact with coloured short defenders especially regarding fending tacklers.</li> <li>• Extra consideration should be taken when approaching contact with a player in <b>Black</b> shorts.</li> </ul>
<b>Dangerous Play</b>	<ul style="list-style-type: none"> <li>• Dropping a shoulder, fending the head or body or hard contact against a player in <b>Red</b> shorts.</li> <li>• Any form of contact with force with a player in <b>Gold</b> shorts, only touch is permitted.</li> <li>• Any contact with a player in <b>Purple</b> shorts.</li> </ul>
<b>Tackle</b>	<p>For a tackle to occur a player in <b>White</b> or <b>Black</b> shorts is:</p> <ul style="list-style-type: none"> <li>• Held and brought to the ground by one or more opponents in <b>White</b> or <b>Black</b> shorts,</li> <li>• Wrapped by a player in <b>Red</b> shorts,</li> <li>• Simultaneously touched with two hands by one or more players in <b>Gold</b> shorts or</li> <li>• Touched with one hand by a player in <b>Purple</b> shorts.</li> </ul>
<b>Ruck</b>	<p><b>Joining a ruck</b></p> <ul style="list-style-type: none"> <li>• Players must be aware of the colour of the players shorts when entering a ruck and must temper contact depending on the short colour of the opposing player.</li> <li>• In no circumstance should a player enter a ruck with the intent to 'clean out' an opposing player.</li> </ul> <p><b>During a ruck</b></p> <ul style="list-style-type: none"> <li>• Players in <b>White</b> and <b>Black</b> shorts are not permitted to ruck or push the opposing team off the ball if they are in contact with one or more player in <b>Red</b>, <b>Gold</b> or <b>Purple</b> shorts.</li> </ul>
<b>Maul</b>	<p><b>Joining a maul</b></p> <ul style="list-style-type: none"> <li>• Players must be aware of the colour of the players shorts when entering a maul and must temper contact depending on the short colour of the opposing player.</li> </ul> <p><b>During a maul</b></p> <ul style="list-style-type: none"> <li>• The maul must not move if players are in contact with one or more player in <b>Red</b>, <b>Gold</b> or <b>Purple</b> shorts.</li> </ul>





# COLORED SHORTS

Coloured shorts are in place to identify the specific restrictions for that player. Participants must understand the restrictions when playing with and against players in coloured shorts.

Red Shorts (recommended 60-69)	
<b>General Rules</b>	<ul style="list-style-type: none"> <li>• Contact is limited to being wrapped or held but not tackled to the ground.</li> </ul>
<b>Dangerous Play</b>	<ul style="list-style-type: none"> <li>• Dropping a shoulder, fending the head or body or hard contact against a player in <b>Red</b> shorts.</li> <li>• Any form of contact with force with a player in <b>Gold</b> shorts, only touch is permitted.</li> <li>• Any contact with a player in <b>Purple</b> shorts.</li> </ul>
<b>Tackle</b>	<p>For a tackle to occur against a player in <b>Red</b> shorts is:</p> <ul style="list-style-type: none"> <li>• Wrapped or held by one or more opponent in <b>White</b> , <b>Black</b> or <b>Red</b> shorts anywhere below the shoulders and above the waist,</li> <li>• Simultaneously touched with two hands by one or more players in <b>Gold</b> shorts or</li> <li>• Touched with one hand by a player in <b>Purple</b> shorts.</li> </ul>
<b>Ruck</b>	<p><b>Joining a ruck</b></p> <ul style="list-style-type: none"> <li>• Players must be aware of the colour of the players shorts when entering a ruck and must temper contact depending on the short colour of the opposing player.</li> <li>• In no circumstance should a player enter a ruck with the intent to 'clean out' an opposing player.</li> </ul> <p><b>During a ruck</b></p> <ul style="list-style-type: none"> <li>• When one or more players in a ruck is in <b>Red</b> , <b>Gold</b> or <b>Purple</b> shorts there is to be no rucking or pushing.</li> </ul>
<b>Maul</b>	<p><b>Joining a maul</b></p> <ul style="list-style-type: none"> <li>• Players must be aware of the colour of the players shorts when entering a maul and must temper contact depending on the short colour of the opposing player.</li> </ul> <p><b>During a maul</b></p> <ul style="list-style-type: none"> <li>• The maul must not move if players are in contact with one or more player in <b>Red</b> , <b>Gold</b> or <b>Purple</b> shorts.</li> </ul>





# COLORED SHORTS

Coloured shorts are in place to identify the specific restrictions for that player. Participants must understand the restrictions when playing with and against players in coloured shorts.

Gold Shorts (recommended 70 to 79)	
<b>General Rules</b>	<ul style="list-style-type: none"><li>• Contact is limited to being touched but not tackled to the ground, wrapped, or held.</li></ul>
<b>Dangerous Play</b>	<ul style="list-style-type: none"><li>• There is to be no form of contact with force with a player in <b>Gold</b> shorts, only touch is permitted.</li><li>• Any contact with a player in <b>Purple</b> shorts.</li></ul>
<b>Tackle</b>	<p>For a tackle to occur against a player in <b>Gold</b> shorts is:</p> <ul style="list-style-type: none"><li>• Simultaneously touched with two hands by one or more players in <b>White</b>, <b>Black</b>, <b>Red</b>, or <b>Gold</b> shorts or</li><li>• Touched with one hand by a player in <b>Purple</b> shorts.</li></ul>
<b>Ruck</b>	<p><b>Joining a ruck</b></p> <ul style="list-style-type: none"><li>• Players must be aware of the colour of the players shorts when entering a ruck and must temper contact depending on the short colour of the opposing player.</li><li>• In no circumstance should a player enter a ruck with the intent to 'clean out' an opposing player.</li></ul> <p><b>During a ruck</b></p> <ul style="list-style-type: none"><li>• When one or more players in a ruck is in <b>Red</b>, <b>Gold</b> or <b>Purple</b> shorts there is to be no rucking or pushing.</li></ul>
<b>Maul</b>	<p><b>Joining a maul</b></p> <ul style="list-style-type: none"><li>• Players must be aware of the colour of the players shorts when entering a maul and must temper contact depending on the short colour of the opposing player.</li></ul> <p><b>During a maul</b></p> <ul style="list-style-type: none"><li>• The maul must not move if players are in contact with one or more player in <b>Red</b>, <b>Gold</b> or <b>Purple</b> shorts.</li></ul>





# COLORED SHORTS

Coloured shorts are in place to identify the specific restrictions for that player. Participants must understand the restrictions when playing with and against players in coloured shorts.

Purple Shorts (recommended 80+)	
<b>General Rules</b>	<ul style="list-style-type: none"> <li>• There is to be no form of contact with a player in <b>Purple</b> shorts, they may not be touched, tackled to the ground, wrapped, or held.</li> <li>• They may only advance the ball 10 metres.</li> </ul>
<b>Dangerous Play</b>	<ul style="list-style-type: none"> <li>• Any contact with a player in <b>Purple</b> shorts.</li> </ul>
<b>Tackle</b>	<p>For a tackle to occur a player in <b>Purple</b> shorts:</p> <ul style="list-style-type: none"> <li>• Advances the ball 10 metres.</li> </ul>
<b>Ruck</b>	<p><b>Joining a ruck</b></p> <ul style="list-style-type: none"> <li>• Players must be aware of the colour of the players shorts when entering a ruck and must temper contact depending on the short colour of the opposing player.</li> <li>• In no circumstance should a player enter a ruck with the intent to 'clean out' an opposing player.</li> </ul> <p><b>During a ruck</b></p> <ul style="list-style-type: none"> <li>• When one or more players in a ruck is in <b>Red</b>, <b>Gold</b> or <b>Purple</b> shorts there is to be no rucking or pushing.</li> </ul>
<b>Maul</b>	<p><b>Joining a maul</b></p> <ul style="list-style-type: none"> <li>• Players must be aware of the colour of the players shorts when entering a maul and must temper contact depending on the short colour of the opposing player.</li> </ul> <p><b>During a maul</b></p> <ul style="list-style-type: none"> <li>• The maul must not move if players are in contact with one or more player in <b>Red</b>, <b>Gold</b> or <b>Purple</b> shorts.</li> </ul>

In the spirit of inclusion and player welfare, a player may choose to participate in a Masters match with the level of contact they wish.

